



LICORICE ROOT

Botanical Name: *Glycyrrhiza glabra*

Common Name: Licorice root, licorice, liquorice, sweet root, gan cao, gan-zao, Chinese licorice

Medicinal part: Root

Description: Liquorice, or licorice, is the root of *Glycyrrhiza glabra* from which a sweet flavour can be extracted. The liquorice plant is a herbaceous perennial legume native to southern Europe and parts of Asia, such as India. It is not botanically related to anise, star anise, or fennel, which are sources of similar flavouring compounds.



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